Books for Educators and Parents	© 2013 Committee for Children
Title	Author
The Art of Happiness: A Handbook for Living	By His Holiness the Dalai Lama and Howard C. Cutler, M.D
Becoming the Parent You Want to Be: A Sourcebook of Strategies for the First	
Five Years	By Laura Davis and Janis Keyser
Best New Games: 77 Games and 7 Trust Activities for All Ages and Abilities	By Dale N. Lefevre
Building Emotional Intelligence: Techniques to Cultivate Inner Strength in	By Linda Lantieri and Daniel Goleman
Bullying in American Schools: A Social-Ecological Perspective on Prevention	
and Intervention	By Dorothy L. Espelage and Susan M. Swearer
Bullying, Victimization, and Peer Harassment: A Handbook of Prevention and	
Intervention	By Joseph E. Zins, Maurice J. Elias, and Charles A. Maher (Eds.)
Caring Classrooms/Intelligent Schools: The Social Emotional Education of	
Young Children	By Jonathan Cohen (Ed.)
Children's Social Consciousness and the Development of Social Responsibility	By Sheldon Berman
Chill and Spill: An Educator's Companion (available through Committee for	By Art with Heart
Creating Culturally Responsive Classrooms	By Barbara J. Shade, Cynthia A. Kelly, and Mary Oberg
Creative Conflict Resolution: More Than 200 Activities for Keeping Peace in	
the Classroom K–6	By William J. Kreidler
Cultural Diversity and Social Skills Instruction: Understanding Ethnic and	
Gender Differences	By Gwendolyn Cartledge
Culturally Responsive Teaching: Theory, Research, and Practice	By Geneva Gay
The Difficult Child	By Stanley Turecki, M.D., and Leslie Tonner
Diversity in the Classroom: New Approaches to the Education of Young	By Frances E. Kendall
Early Violence Prevention: Tools for Teachers of Young Children	By Ronald G. Slaby, Wendy Roedell, Diana Arezzo, and Kate Hendrix
Easing the Teasing: Helping Your Child Cope with Name-Calling, Ridicule, and	
Verbal Bullying	By Judy S. Freedman
Educating People to Be Emotionally Intelligent	By Reuven Bar-On, J. G. Maree, and Maurice J. Elias, Ph.D. (Eds.)
The Emotional Development of Young Children: Building an Emotion-Centered	
Curriculum	By Marilou Hyson
Emotional Intelligence: Why It Can Matter More Than IQ	By Daniel Goleman
Emotionally Intelligent Parenting: How to Raise a Self-Disciplined,	By Maurice J. Elias, Ph.D., Steven E. Tobias, Ph.D., and Brian S. Friedlander,
Responsible, Socially Skilled Child	Ph.D
Everybody Wins: 393 Non-Competitive Games for Young Children	By Jeffrey Sobel
Everyday Blessings: The Inner Work of Mindful Parenting	By M. Kabat-Zinn and J. Kabat-Zinn

The Feelings Book: The Care & Keeping of Your Emotions (American Girl)	By Dr. Lynda Madison
Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face	
Stress, Pain, and Illness	By Jon Kabat-Zinn, Ph.D
Games Educators Play: Interactive Games and Role Plays	By Mary J. Podgurski
Getting Past No: Negotiating Your Way from Confrontation to Cooperation	By William Ury
Getting to Yes: Negotiating Agreement Without Giving In	By Roger Fisher, Bruce Patton, and William Ury
Healthy Teens: Facing the Challenges of Young Lives (Third Edition)	By Alice R. MacCarthy, Ph.D
The Heart of Parenting: Raising an Emotionally Intelligent Child	By John Gottman, Ph.D., and Joan Declaire
Helping Students Overcome Substance Abuse: Effective Practices for	
Prevention and Intervention	By Jason J. Burrow-Sanchez and Leanne S. Hawken
Homework Without Tears: A Parent's Guide for Motivating Children to Do	
Homework and to Succeed in School	By Lee Canter and Lee Hausner, Ph.D
How to Talk So Kids Will Listen and Listen So Kids Will Talk	By Adele Faber and Elaine Mazlish
The Incredible Years: A Trouble-Shooting Guide for Parents of Children Aged	By Carolyn Webster-Stratton, Ph.D
Interventions for Academic and Behavior Problems II: Preventive and	
Remedial Approaches	By Mark R. Shinn, Gary Stoner, and Hill M. Walker
Just Say Know: Talking with Kids about Drugs and Alcohol	By Cynthia Kuhn, Ph.D., Scott Swartzwelder, Ph.D., and Wilkie Wilson, Ph.D
The Kindness Curriculum: Introducing Young Children to Loving Values	By Judith Anne Rice
Kid Cooperation: How to Stop Yelling, Nagging and Pleading and Get Kids to	By Elizabeth Pantley
Kids Can Cooperate: A Practical Guide to Teaching Problem Solving	By Elizabeth Crary
Learning Together and Alone: Cooperative, Competitive, and Individualistic	By David W. Johnson and Roger T. Johnson
Late, Lost, and Unprepared: A Parent's Guide to Helping Children with	
Executive Functioning	By Joyce Cooper-Kahn, Ph.D., and Laurie Dietzel, Ph.D
Little Girls Can Be Mean: Four Steps to Bully-Proof Girls in the Early Grades	By Michelle Anthony, Ph.D., and Reyna Lindert, Ph.D
Love and Anger: The Parental Dilemma	By Nancy Samalin and Catherine Whitney
1-2-3 Magic: Effective Discipline for Children 2–12	By Thomas W. Phelan, Ph.D
Magic Trees of the Mind: How to Nurture Your Child's Intelligence, Creativity,	
and Healthy Emotions from Birth Through Adolescence	By Marian Diamond, Ph.D., and Janet Hopson
Making Schools Safer and Violence Free: Critical Issues, Solutions and	
Recommended Practices	By Hill M. Walker and Michael H. Epstein (Eds.)
Meet Me in the Middle: Becoming an Accomplished Middle-Level Teacher	By Rick Wormeli
The Mindful Child: How to Help Your Kid Manage Stress and Become Happier,	
Kinder, and More Compassionate	By S. K. Greenland
The Moral Judgment of the Child	By Jean Piaget

The Moral Life of Children	By Robert Coles
Multicultural Education of Children and Adolescents	By M. Lee Manning and Leroy G. Baruth
Multiple Intelligences in the Classroom	By Thomas Armstrong
Multiple Intelligences: The Theory in Practice	By Howard Gardner
The Nature of Prejudice	By Gordon W. Allport
Nonviolent Communication: A Language of Life	By Marshall B. Rosenberg, Ph.D
Odd Girl Out: The Hidden Culture of Aggression in Girls	By Rachel Simmons
The Optimistic Child	By Martin E. P. Seligman, Ph.D.
A Parent's Guide to Building Resilience in Children and Teens: Giving Your	
Child Roots and Wings (American Academy of Pediatrics)	By Kenneth R. Ginsburg, M.D
Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program	
for Parents of Two- to Six-Year-Olds	By Rex Forehand, Ph.D., and Nicholas Long, Ph.D.
Parenting Your Anxious Child with Mindfulness and Acceptance: A Powerful	
New Approach to Overcoming Fear, Panic, and Worry Using Acceptance and	
Commitment Therapy	By Christopher McCurry, Ph.D.
The Peaceful Classroom: 162 Easy Activities to Teach Preschoolers	
Compassion and Cooperation	By Charles A. Smith, Ph.D.
The Primal Teen: What the New Discoveries About the Teenage Brain Tell Us	
About Our Kids	By Barbara Strauch
	By Maurice J. Elias, Joseph E. Zins, Roger P. Weissberg, Karin S. Frey, Mark T.
	Greenberg, Norris M. Haynes, Rachael K. Kessler, Mary E. Schwab-Stone, and
Promoting Social and Emotional Learning: Guidelines for Educators	Timothy P. Shriver
Quality Middle Schools: Open and Healthy	By Wayne K. Hoy and Dennis J. Sabo
Raising a Thinking Child: Help Your Young Child to Resolve Everyday Conflicts	
and Get Along with Others	By Myrna B. Shure, Ph.D., and Theresa Foy DiGeronimo
Raising an Emotionally Intelligent Child: The Heart of Parenting	By John Gottman, Ph.D., and Joan Declaire
Raising Children in a Socially Toxic Environment	By James Garbarino
Raising Self-Reliant Children in a Self-Indulgent World: Seven Building Blocks	
for Developing Capable Young People	By H. Stephen Glenn, Ph.D., and Jane Nelsen
Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense,	
Sensitive, Perceptive, Persistent, and Energetic	By Mary Sheedy Kurcinka
Rethinking Substance Abuse: What the Science Shows, and What We Should	By William R. Miller and Kathleen M. Carroll (Eds.)
Role Play: Theory and Practice	By Krysia M. Yardley-Matwiejczuk
Roots & Wings: Affirming Culture in Early Childhood Programs	By Stacey York

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